



## Domestic Medical Release Form

**This form should be kept by the group leader and not turned in to Servant Life. Place this in the Paperwork Binder provided by Servant Life to take with you while you are traveling.**

Church Name: \_\_\_\_\_ City/State: \_\_\_\_\_

### PERSONAL INFORMATION

Name: \_\_\_\_\_

Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Gender (M/F): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### EMERGENCY CONTACTS

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

### HEALTH INSURANCE INFORMATION

Medical Insurance Co.: \_\_\_\_\_ Group#: \_\_\_\_\_

Policy#: \_\_\_\_\_ Company's Phone: ( ) \_\_\_\_\_

Company's address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Family Physician's Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

### IMMUNIZATIONS

It is solely the traveler's responsibility to obtain information on required/recommended travel immunizations and travel precautions for the area you are visiting. Please check with your physician and [www.cdc.gov](http://www.cdc.gov) to ensure your immunizations are current.

\_\_\_\_\_(Initial) I have consulted my physician regarding this travel and am up to date on all immunizations.

## MEDICAL INFORMATION

Servant Life and Pinehaven Christian Children's Ranch & School trips typically include travel in the following:

Conditions can be uncomfortable and physically challenging and can include:

- extended periods of walking
- long travel times requiring the use of public transportation services
- transportation services that may lack accommodations for people with physical limitations
- dietary and climate changes that can add to the physical intensity of the trip
- long periods of travel that may cause participants to experience a lack of sleep is customary.

***Please consider these factors as you prepare to serve in such areas.***

If you have any medical conditions that may be difficult or challenging under the conditions described above, however minor, please complete the **Doctor's Release Form** with your local physician and return it to Servant Life along with this document.

\_\_\_\_\_ (Initial) I have consulted my local physician and have **attached a Doctor's Release**.

- or -

\_\_\_\_\_ (Initial) I understand the medical risks outlined above. I do not have any medical history that would affect me on this trip and am **not receiving a medical release from my doctor** before going on this trip.

If you feel it would be helpful for us to be aware of any medical conditions or allergies, please feel free to list those here. (NOTE: *You are not required to share information with us.*) \_\_\_\_\_

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